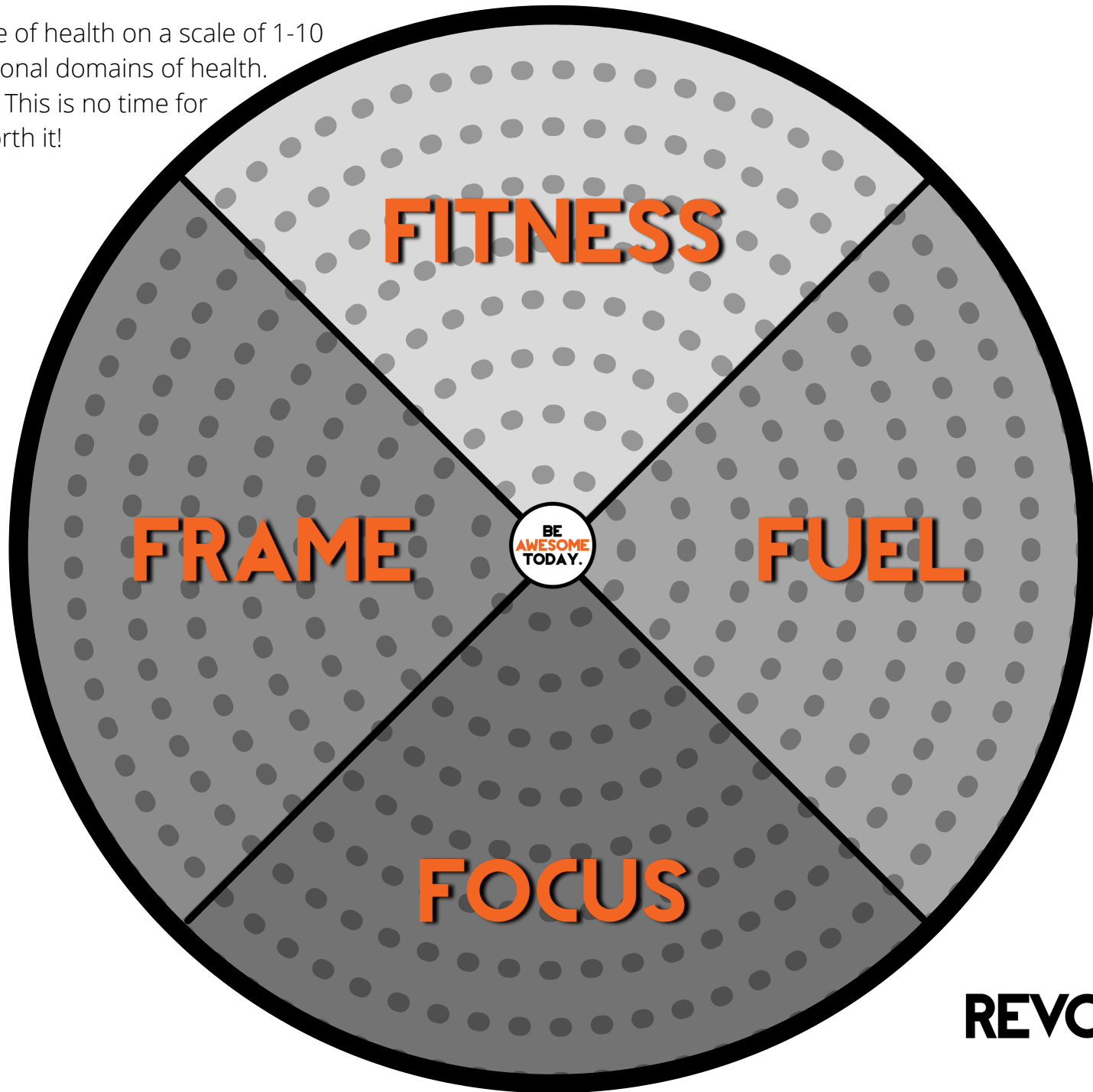


Foundational 4

Rate your **present** state of health on a scale of 1-10 for each of the foundational domains of health.

Be ruthlessly honest. This is no time for sugarcoating. You're worth it!



REVOLUTION
HEALTH